



YOGA TRAINING CENTRE D. R. COLLEGE, GOLAGHAT, ASSAM

Established under CPE action plan (phase II)

Sponsored by UGC, New Delhi

INAUGURATION OF YOGA TRAINING CENTRE

The Yoga Training Centre of Debraj Roy College, Golaghat established under CPE action plan (phase II) was inaugurated on 14th March, 2017. It was sponsored by UGC, New Delhi. The centre is well equipped with all the necessary facilities. Participation or enrolment in the centre is completely free of cost till date. This way we are trying to popularize YOGA for healthy living.



Picture of the Day of Inauguration

For the smooth running of daily yoga classes, the centre has appointed a temporary Yoga trainer. It is running every week from Monday to Friday at 6 AM. Most importantly the Centre extended its facilities to people apart from D. R. College family as well.



Clicked during daily Yoga Session

Bijam'il

(Dr. Begum Umme Jamil)

Coordinator

Yoga Training Centre

