



YOGA TRAINING CENTRE D. R. COLLEGE, GOLAGHAT, ASSAM

Established under CPE action plan (phase II)

Sponsored by UGC, New Delhi

CELEBRATION OF INTERNATIONAL DAY OF YOGA, 2019

The centre had celebrated 5th International Day of Yoga on 21st June, 2019 at 9:30 AM in the College auditorium in collaboration with NSS unit and Extension Activity and Community Development cell of D. R. College. The Yoga Session was conducted by “Patanjali Yogpeeth” trained Yoga teacher and Yoga trainer of this Centre, Ms. Dimpi Bora along with another three experienced Yoga trainers. Nearly 120 numbers of students, teaching and non-teaching staff actively participated in the Yoga Session.

Glimpses of the day:







Bijamir

(Dr. Begum Umme Jamil)
Coordinator, Yoga Training Centre
D. R. College, Golaghat